



香港教育大學

The Education University
of Hong Kong

Department of Psychology Research Seminar

23 August 2023 (Wednesday) 10:30 am – 12nn

Venue: B3-LP-04

A Psychological Perspective on Parental Leave

Abstract:



The birth of a child is a significant life event. For both mothers and fathers, the transition to parenthood leads to new challenges in coordinating work and private life. The

talk will focus on parental leave from a psychological perspective, drawing on longitudinal studies and diary studies with data collected in Germany and Switzerland. First, we will look at mothers' regrets about (not) having returned to work and working mothers' turnover intentions. Next, fathers on parental leave and their daily experiences will be put to the fore. Finally, results from dyadic studies on the impact of gender-role attitudes on couples' parental leave decisions will be presented.

About the Speaker:

Anna M. Stertz is a senior scientist at RWTH Aachen University (Chair of Personnel and Organizational Psychology) where she also obtained her PhD in Psychology. Before starting to work at the RWTH, she earned her diploma in Psychology at the University of Trier (Germany). Her research contributes to a better understanding of the work-family interface in individuals and couples taking gender into account. A focus of her research is on the early family phase and involves decisions, experiences and consequences related to parental leave uptake.



Dr. Anna M. Stertz
Institute of Psychology
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Career Goals and Goal Pursuit in Early-career Scientists

Abstract:

Setting and pursuing career goals is of great importance for the individual in modern labor economies. At the same time, it can be challenging, especially in the context of autonomous careers, such as academic career paths. Based on a longitudinal dataset of N = 3649 doctoral students and doctorate holders in the STEM disciplines (science, technology, engineering, mathematics), individual career management is examined over a period of four years. In particular, we focus on goal profile patterns (including goals within and beyond academia), processes of goal engagement and disengagement, and self-regulatory resources to gain a better understanding of young scientists' career development.



Dr. Ruth Noppeney
Institute of Psychology
RWTH Aachen
University

About the Speaker:

Ruth Noppeney is a postdoctoral researcher at the chair of Personnel and Organizational Psychology at RWTH Aachen University (Germany) where she also obtained her PhD. Within her research, Ruth is interested in career goals, goal pursuit and goal disengagement processes.



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